

## Supports & Tips for a Spark Grant Video Transcript

These are some tips on how you might put together your Spark Grant application, as well as signposting some of the places you can find information and support. So we really encourage you to reach out for a chat with us about your Spark Grant. We really want to hear from you. We're here to support you in unpacking your idea, understanding what it would look like within the context of a Spark Grant, and bringing to life our application process. The most helpful way to contextualize our information, because we do hear from a broad range of stakeholders, be it from small community groups to Not-for-profits to Universities. So, we really like to work individually with those interested in this opportunity in helping them understand what it means to them. You can learn more about this as well though through the Information Pack on our website, which is essential to guiding you through putting together your application through video resources on our website like this one. We really recommend reading our Mental Health, and Wellbeing Approach, which really unpacks what we mean by preventative strengths-based approaches. It isn't intended though to be a defining rule book you need to follow. So it's really trying to share some of our schools of thought that we have been influenced by, but we really invite you to share with us in your own way what preventative mental health means to you and the context of your community. We also are running an information session, so we really encourage you to get along to that. It's online on the twelfth of March. But you can also view that as a recording after the event on our website. At the back of our Information Pack compiled some helpful hints about things to think about when sharing your information with us through your application that might bring to life that our application process is a little bit different. So unlike some other funding opportunities where you're expected to have everything already worked out about what you're going to do, the outcomes it's going to deliver and how you're going to prove that. We're really looking to understand more about you, your community, what's important to you, the roles you might play, and what this opportunity means to you and why it's a good fit for you. So there's a few different framings at the end of that information book that can be really helpful. But if you have any questions about where you should or shouldn't include or what we're looking for, we really invite you to have a chat. You can apply for a Spark Grant in any way you like, which can be a little daunting for some. Essentially, why we do that is because we really want you to be able to communicate in your preferred way, and share what's important to you on your own terms, potentially using information you already have, rather than creating something for our purposes. So we have created guiding questions that are in the Information Pack that invite you to think about key pieces of information so that we can fairly assess, but how you share that information with us is really up to you. You can do a video. You can just answer the questions. You can share a proposal with us. You can do a combination. It isn't a test. We're really just hoping to support you in communicating in a way you would prefer. Equally length presentation, the quality of the video editing is not important to us. We really just want to hear from you in your authentic self.